

Dual Diagnosis ACT Program

Program

The mission of the Dual Diagnosis Assertive Community Treatment Program (DDACT) is to assist people afflicted with both mental illness and substance abuse disorders to make a stable recovery and to stay out of the hospital.

DDACT is designed to see consumers multiple times a week, in order to provide support for their successful maintenance of a recovery treatment plan. When consumers take prescribed medications regularly and have some consistent structure in their lives, their chances of avoiding relapses and re-hospitalizations are maximized. DDACT is designed to reinforce these key treatment elements on an intensive basis. A further purpose is to encourage, support and facilitate consumers in achieving their maximum level of functioning at home, in a job or education and in the community.

Admission Standards

Services are provided to adults who have been reviewed and authorized by the Detroit-Wayne County Community Mental Health Agency. This program accepts individuals who meet the following criteria:

- 18 years or older and a Wayne County resident;
- Have a primary mental illness diagnosis and a substance abuse diagnosis;
- History of psychiatric hospitalizations, including one within the past year;
- Currently abstinent or willing to commit self to an active goal of abstinence;
- Can benefit from frequent supportive contacts;
- Willingness to have psychotropic medications distributed on a daily to weekly basis;
- Willingness to participate in program activities and in developing own treatment plan;
- If geographical inaccessibility is a problem, willingness to make conscientious efforts to help bridge this gap.

Services Provided

A consumer entering the DDACT program receives an initial psychosocial assessment and a psychiatric evaluation. The consumer, in coordination with the clinical staff, develops a treatment plan, which is reviewed on a quarterly basis by the consumer and the clinical staff.

Services include:

- Psychiatric evaluation and medication review;
- Case management services;
- Individual therapy;
- Group therapy;
- Nursing services and medication management;
- Home visits;
- Field trips to build knowledge of community resources;
- Crisis intervention on a 24 hour a day, 7 days a week, 365 days a year basis.

Treatment Staff

- Program coordinator;
- Therapist;
- Case managers (2);
- Client advocates;
- Nurse.

The services are provided under the clinical supervision of a staff psychiatrist.

Referral and Admission process

Self-referral/agency-referral/ hospital-referral are made to Community Care Services' Access Unit at (313) 389-7500.

***For information or questions,
call DDACT at (313) 389-2209.***